

WHAT IS ABA THERAPY?

DAYTASTIC ABA
NIXA, MO

WHAT IS APPLIED BEHAVIORAL ANALYSIS?

ABA is an evidence-based practice that is focused on the developmental principles of learning and behavior to improve socially significant actions. ABA utilizes techniques to understand behavior and how to change it. Often referred to as the golden standard of intervention for teaching people with autism, ABA therapy is clinically proven to be effective.

The techniques used are based on peer reviewed clinic research to determine their effectiveness. This means that they have passed the standard to show the quality, results, and improvements that develop skills while decreasing maladaptive behaviors.





HOW DOES ABA THERAPY SUPPORT CLIENTS WITH AUTISM

ABA Therapy can increase behaviors that are socially significant such as social, adaptive, and daily living skills, including communication. New skills in these areas can be taught with ABA techniques. Once our clients learn these new behaviors, we work to maintain them with self-control and personal management. Daytastic ABA utilizes specific generalization behavior that will ensure the individual can use the skills in a multitude of social situations.

WHAT IS THE GOAL OF ABA THERAPY?

ABA is not a one size fits all program but a uniquely designed individual treatment plan to fit the needs of each person. The goal is to help each person become independent by increasing behaviors to optimal learning and decrease harmful behaviors.



**Start Your ABA Journey,
Call us Today!**